

Tooting Leisure Centre Swimming Timetable (01/09/09)

MAIN POOL

Monday

6.30am - 9.00am	Lane Swimming
9.00am - 12.30pm	General Swimming/Schools
12.30pm - 1.30pm	Lane Swimming
1.30pm - 7.30pm	General Swimming/Schools

Tuesday

6.30am - 9.00am	Lane Swimming
9.00am - 12.30pm	General Swimming/Schools
12.30pm - 1.30pm	Lane Swimming
1.30pm - 7.00pm	General Swimming/Schools
7.30pm - 9.30pm	Adult Lane Swimming

Wednesday

6.30am - 9.00am	Lane Swimming
9.00am - 12.30pm	General Swimming/Schools
12.30pm - 1.30pm	Lane Swimming
1.30pm - 7.00pm	General Swimming/Schools
7.00pm - 9.30pm	Lane Swimming

Thursday

6.30am - 9.00am	Lane Swimming
9.00am - 12.30pm	General Swimming/Schools
12.30pm - 1.30pm	Lane Swimming
1.30pm - 5.00pm	General Swimming/Schools
5.00pm - 8.00pm	CLOSED
8.00pm - 9.30pm	Adult Lane Swimming

Friday

6.30am - 9.00am	Lane Swimming
9.00am - 12.30pm	General Swimming/Schools
12.30pm - 1.30pm	Lane Swimming
1.30pm - 5.30pm	General Swimming/Schools
5.30pm - 7.30pm	Adult Lane Swimming

Saturday

7.30am - 10.00am	Lane Swimming
10.00am - 5.30pm	General Swimming
5.30pm - 7.30pm	Ladies Only Swimming

Sunday

8.30am - 10.30am	Lane Swimming
10.30am - 5.30pm	General Swimming
5.30pm - 9.30pm	Adult Lane Swimming

TEACHING POOL (Parent's and Under 8's)

Weekdays (term times)

12.30pm - 1.30pm
3.00pm - 4.00pm (excluding Weds)
6.30 - 7.30pm (excluding Thurs)

Saturday

12.00pm - 3.30pm

Sunday

11.30am - 2.30pm
5.00pm - 7.00pm

Weekdays (school holidays)

Mon, Tues, Thurs
12.30pm - 4.00pm

Wednesday

12.30pm - 3.00pm

Friday

3.00pm - 4.00pm

Saturday

12.00pm - 3.00pm

Sunday

11.00pm - 2.00pm

DIVING BOARD

Saturday

3.00pm - 5.30pm

Sunday

3.30pm - 5.30pm

2.30pm - 4.00pm (school holiday weekdays)

- * 1-2 Swimming lanes will be operated during General swimming wherever possible, but will be removed to accommodate busy bather loads or other pool activities.
- * Children under 8 MUST be accompanied in the water by a swimming adult (18+) at a ratio of 1:3
- * Swimming Academy lessons take place throughout the programme and are subject to change
- * The shallow end of the pool will be used for school swimming lessons during General Swimming during term times.
- * Free swimming for unaccompanied 8-16yr olds is applicable during general swimming sessions. (Cards MUST be shown)
- * The pool is cleared of bathers for changes to the pool set up.